**INHALANTS**

[**http://www.youtube.com/watch?v=KZFcRCDnJy8**](http://www.youtube.com/watch?v=KZFcRCDnJy8)

1. **What are Inhalants?**

Inhalants include a large number of common household products. What common feature do all inhalants share?

1. **Why People Use Inhalants?**

Give three reasons why some people use inhalants?

1. **Different Kinds of Inhalants**

Although the list of products that can become Inhalants is endless there are four main types.

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| --- | --- | --- |
| Type Name | Description | Examples |
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1. **Effects on the Body**
2. List four practices people use to “inhale the vapours”.
3. Why do people who inhale find themselves consuming “increased amounts”?
4. What are the common effects of “non-nitrate inhalants” on the body?
5. What are the long term risks for people who are addicted to inhalants?
6. **How Inhalants Kill**

There are as many dangers as variety of inhalant products however five common “deadly results” include:

1. **Signs of Inhalant Abuse**

Five noticeable signs or symptoms of this abuse are:

1. **Getting Help**
2. What should you do if you find someone is has been inhaling on the ground?
3. If you or a friend is inhalant abusing how can you find treatment?