**Grade 8 Health Healthy Dating Relationships Video- Rover Unit 1 Friends and Relationships**

In this video you will hear from several teenagers who discuss what they consider to be important in developing and maintaining a “Healthy Dating Relationship”. As you watch complete the following:

1. Identify four “rights” these teens feel are necessary for a Healthy Dating Relationship.
2. These teens have shared both positive and negative examples of maintaining these relationships. List FOUR EXAMPLES of each.

Positive (Good) Examples Negative (Bad) Examples

1. These teens emphasize the importance of COMMUNICATION in a healthy relationship.

Explain why they consider this so important.

1. What is a COMPROMISE and why is it important in maintaining a healthy relationship.
2. List Four Signs of Abuse in a Relationship.
3. How can you get help if you recognize that you are in an unhealthy relationship?