**Grade 8 Health Mental Health Video Assignment Inside Out by Pixar**

Although this was originally made as a children’s video – the concepts are connected within Growth and Development as well as Mental Health as our protagonist Riley meets the challenges of her life with her 5 emotions along for the ride and taking turns in control. As you watch this video presentation try to identify and list connections to each topic – **your goal is 10 points each.**

Growth and Development Mental Health