1. What per centage of American students are struggling with food disorders.
2. **Anorexia and Bulimia Nervosa** are the two most common eating disorders. Athough both eating disorders have many similarities they also have significant differences.

**Anorexia Bulimia**

**Food consumption pattern**

**Common after eating behavior**

**Physical Appearance**

1. Explain how **Binge Eating Disorder** is both similar and different to Anorexia and Bulimia.

Similar Different

1. **Signs of Anorexia and Bulimia**

Give THREE Signs for each

**Anorexia Bulimia**

1. **What Causes Eating Disorders?**
2. What age range are eating disorders believed to form?
3. Give three reasons why this age group is most vulnerable to developing eating disorders.
4. **Sports Dieting**
5. Explain why some athletes are particularly vulnerable to eating disorders.
6. Give three examples of sports where weight becomes a factor.
7. **Effects of Eating Disorders**
8. List five heatlh related conditions which are commonly found along with eating disorders.
9. Identify three other body effects associated with each disorder

**Anorexia Bulimia**

1. **Treatments for Eating Disorders** involve several support groups. Explain the importance of each.
2. **Health Professionals**
3. **Family**
4. **Other**