**Grade 8 Health - Growth and Development - Concussions**

1. What is a **Concussion**?

2. How should every head injury be treated?

3. List **5 Signs of a Concussion.**

4. *Most people who get concussions –DO NOT PASS OUT.*

What signs are there indicating that someone is in an **Emergency Concussion situation.**

**5. What will a Doctor do** when he checks for a concussion**?**

**6. Sports Concussions**

a. What is the **first and most important thing to do** if you hurt your head during a sport or activity?

**b.** What is **Second Impact Syndrome** and the concerns with it?

c. Identify **3 New Signs of Concussion** which may occur in the first few days.

7. **Concussion Protocal**  - Research using your phone to learn about.