

Abstinence

What is Abstinence?

If teens do not choose abstinence ...

What are risks or consequences involved?

If teens do choose abstinence ...

What are some of the benefits?

If teens do not choose abstinence ...

What are some influences that may influence them on this decision?

If teens do choose abstinence

Why do many teens choose abstinence?

If teens do choose abstinence

What are some activities young people can do in relationships without becoming sexually active?

Identify sources of support for teenagers that relate to healthy sexuality?

FYI>The Catholic Church (and other religions) expresses chastity of unmarried Catholics through Abstinence.